

CHATT HILLS SENIOR LUNCH & LEARN

Residents learn about Home Fit from AARP

By Laurie Searle, Photos by Chip Denton

More than 80 Chattahoochee Hills seniors attended the quarterly Senior Lunch & Learn hosted by Chatt Hills Community Outreach with AARP on June 16 at city hall.

Councilmember Laurie Searle (Dist. 3) opened the program, welcoming guests and thanking the host, city & county officials, staff, and volunteers for their participation.

Pastor Joe Stephens from Sardis Baptist Church gave the blessing, followed by entertainment during the meal by musical duo Bill & Nesha Bryant.



Chatt Hills Senior enjoyed the Lunch & Learn on June 16.

AARP PRESENTATION



AARP hosted the lunch. Rob Alexander gave a presentation on HomeFit.

Jil Hinds, Associate Director of Community Outreach, AARP Georgia State Office, thanked Chatt Hills for the opportunity to participate, and her team for their assistance with the program.

Rob Alexander from AARP gave a presentation on HomeFit. This program offers smart ways to make a home comfortable, safe, and a great fit for older adults, enabling where they live to be their lifelong home. Each participant received a HomeFit booklet that detailed modifications that could be made to each room on their homes. The interactive program gave participants opportunities to ask questions and offer their own best practices. When Rob suggested that lights be added to the exterior of homes to improve visibility, participants gave a chuckle. Councilmember Searle explained that Chatt Hills residents love their dark skies, so they might prefer installing motion-detecting lights.

After the presentation, there was an opportunity to share information.

Joanna Hannah, Corporate Development Director, Baptist Retirement Communities of GA, gave a brief overview of their two independent living communities: Palmetto Park adjacent to Chattahoochee Hills, and Hiawassee Park in north Georgia. Councilmember Camille Lowe (Dist. 4) spoke about the positive experience her father had when he recently moved to Palmetto Park.

Chatt Hills Fire Chief Greg Brett introduced RightSite, a public health program that helps ER-bound patients with non-emergency needs access non-ER, high-quality, in-network care. Chief Brett's team was also available throughout the lunch program to offer free blood pressure checks.

Councilmember Searle mentioned that this is an election year for Chattahoochee Hills, and that Representatives from Fulton County Voter Registration were available today to assist with registration.

Councilmember Ruby Foster (Dist.1) closed the program, thanking participants, the host, county and city staff, and volunteers Chip & Peachy Denton. She gave a brief overview of the Chatt Hills Community Outreach program and announced the next event, Chatt Hills Day at Bear Creek Nature Center on August 26. For more information on Chatt Hills Community Outreach and the upcoming programs, visit: www.chatthillscommunityoutreach.com.